

Sex Education: Resource List

Books Ages 9 to 12

- Changes In You and Me: A Book About Puberty Mostly for Boys by Paulette Bourgeois; Andrews and McMeel, 1994
- Sex Explained: Honest Answers to your Questions About Guys and Girls, Your Changing Body, and What Really Happens During Sex by Magali Clausener-Petit; Amulet Books, 2004
- It's Perfectly Normal: Changing Bodies, Growing up, Sex and Sexual Health by Robie Harris; Candlewick, 1996
- It's So Amazing!: A Book About Eggs, Sperm, Babies, and Families by Robie Harris; Candlewick Press, 1999
- Just for Girls: Understanding Your Body and the Changes You're Going Through by Elizabeth Hoekstra; Crossway Books, 1999
- My Body, My Self for Boys by Lynda Madaras; New Market Press, 1995
- My Body, My Self for Girls by Lynda Madaras; New Market Press, 2000
- The Preteen's First Book About Love, Sex, and Aids by Michelle Harrison; American Psychiatric Press, 1995
- Sex Stuff for Kids 7-17: A Book of Practical Information & Ideas for Kids, Parents & Teachers by Carole Marsh; Gallopade Pub. Group, 1998
- Puberty's Wild Ride from the Family Planning Council in SE PA. See the following link to order. <http://familyplanning.org/pages/teenfun.htm>
- Understanding Your Child's Sexual Behavior: What's Natural and Healthy by Toni Johnson; New Harbinger, 1999
- The Boys Body Book by Kelli Dunham, published by Cider Mill press, 2007
- What's Happening to Me? Peter Mayle
- The Care and Keeping of You: The Body Book for Girls by Valerie Schaefer published by the American Girl Library
- The Underground Guide to Teenage Sexuality – preteens, adolescents and parents

Websites

- www.hrtw.org "Health and Ready to Work: Web site dedicated to services for your with special needs, chronic conditions and disabilities.
- <http://www.nlm.gov/medlineplus/teensexualhealth.html>
National Institute of Health-med line Teen Sexual Health. Excellent and trusted information about a variety of topics to ensure sexual health and informed youth.
- www.kidshealth.org
- www.greatconversations.com
- www.youngmenshealth.org (Boston Children's now has a website for boys similar to its site for young women: www.youngwomenshealth.org)